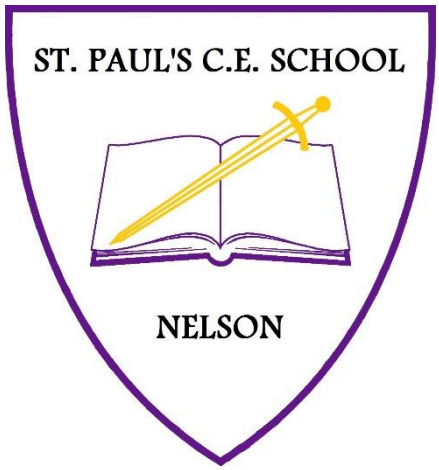
ST PAUL'S C OF E (VA) PSHE POLICY



You shall love your neighbour as yourself.

Matt 22v39

Approved by:

Draft Policy Date: April 2022

Review date:

All schools have a duty to promote children and young people's wellbeing (defined in the Children Act 2004) by *'the promotion of physical and mental health; emotional wellbeing; social and economic wellbeing; education, training and recreation; recognition of the contribution made by children to society; and protection from harm and neglect.')*

This policy should be read in conjunction with the RHE Policy, Behaviour Policy, Child Protection/Safeguarding Policy and Online Safeguarding Policy.

Vision:

The greatest commandment Jesus taught was to love God and to love your neighbour. Within this commandment is the foundation of the Christian view of relationships. At St Paul's Church of England School our PSHE education seeks to live out this command and explore how we can 'love our neighbour' through what we say and do.

Each child is a unique being, a child of God, loved and accepted. As such, our school seeks to enable children to develop through an inclusive programme of teaching that is based on Christian principles, which both respects the human body and seeks to ensure health and well-being.

At St Paul's, we aim for a happy, secure, safe environment in which all children are equally valued and where all children can achieve and look forward to coming to school.
We are a Christian school and we only have one rule, which encompasses all other rules and is based on Jesus' teachings: love your neighbour as yourself.

Introduction:

Personal, Social, Health and Economic Education are central to the educational entitlement of all children at St Paul's CE Primary School and permeate all aspects of school life. It is encompassed within the teaching of all subjects and is mutually supportive of the school's distinctively Christian character and ethos and British Values. It is an integral part of the whole curriculum but is also timetabled as a discrete subject to ensure full coverage of the PSHE curriculum.

Intent:

Our school's overarching intent for our pupils is to provide a Personal, social, health and economic (PSHE) education programme of study which ensures all pupils are provided with:

- Accurate, balanced and relevant knowledge.
- Opportunities to turn that knowledge into personal understanding.
- Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
- The skills, language and strategies they need in order to live healthy, safe, fulfilling responsible and balanced lives.
- Opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy.
- Accurate, balanced and relevant knowledge to enable them to appreciate what it means to be a positive, tolerant member of a diverse multicultural society.

Provision:

At St Paul's Primary School we are concerned with all aspects of our pupil's development and education. PSHE enables children to become healthy, independent and responsible members of society who are able to form positive relationships and achieve.

- We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. We ensure that they experience the process of democracy in school through the school council and ethos encouragers and in so doing we help develop their sense of self-worth.
- Pupils are encouraged to appreciate what it means to be a positive member of a diverse and multicultural society.
- We give pupils opportunities to learn about Christian, social and moral rights and responsibilities, community involvement and democracy.

Our children are taught in a safe and supportive learning environment. We ensure that where a pupil appears to be vulnerable and at risk, they get appropriate support by staff members following the schools safeguarding/child protection policies.

Through a variety of learning experiences and involvement, we encourage each child to:

- Think and act for him/herself;
- Acquire personal qualities and values;
- Take his/her place in a wide range of roles in preparation for adult life;
- Develop confidence / self-esteem / independence
- Value and respect him/herself and value others;
- Know him/herself better and think well of him/herself;
- Develop social skills;
- Value and respect belongings / living things / the environment; and
- An appreciation of the awe and wonder of God's world.
- Be able to share / co-operate
- Be able to develop positive friendships and relationships
- Be eager to share in worship

Curriculum and Statutory Requirements:

The majority of our PSHE curriculum is delivered through a scheme of work, which is partly based on the assessment needs of the pupils. Data from the Health LSIP, Localhealth.org and Pupil voice questionnaires highlight areas of need. This allows us to tailor our curriculum to the needs of our children at St Paul's.

Our PSHE curriculum fulfils the statutory responsibility to support pupils' spiritual, moral, cultural, mental (SMSC) development while preparing them for life's challenges and opportunities.

At St Paul's we follow the Programme of Study for PSHE education which covers three core learning themes**: 'health and wellbeing', 'relationships'** and **'living in the wider world'** (which explores economic wellbeing and careers).

Our school complies with the requirements of the Equality Act and the Public Sector Equality Duty in addition to complying with the statutory guidance on Relationships Education, Sex Education (RSE) and Health Education. See HRE policy.

Teachers currently use resources / guidance from Coram (Scarf) scheme of work, 1decision and the PSHE Association to deliver age appropriate and engaging lessons. Supplementary resources such as 'NSPCC' and 'Picture News' are also used.

Teaching and learning:

It is expected that pupils will:

- Be involved in agenda setting
- Take part in Circle time
- Understand the purpose of the session
- Work to ground rules set by pupils (and agreed by the teacher)
- Be actively involved in learning so there is evidence in a lesson of paired, group and whole class activity
- Experience active learning methods – teacher adopts a non-judgmental stance, which facilitates learning
- Take part in lessons which provide pupils with time to reflect on learning and are concluded properly with pupils able to tell others what they have learnt

Cross Curricular / Whole School Approach:

All curricular areas should reflect the personal and social development of the individual child. Cross-curricular links will be made more explicit in Science – The Human Body, Life cycles, Healthy Life Styles, Food and Drug Education. History – Democracy and Citizenship; Geography – links Sustainability and environmental issues with Citizenship; RE – links to Citizenship and Relationships.

Some aspects are also taught through annual activities and events such as the Life Education Team/Bus, Anti-Bullying Week, Internet Safety Day, Building Bridges, Bike-ability, Road Safety, School Council, Ethos Encouragers and visits from the school Nurse, Police Officers and Fire Brigade and aspirational visitors.

It is the policy of St Paul's Primary School that all pupils have the opportunity to participate in out-of-school trips. Also for Year 6 pupils to have the opportunity to take part in residential experience, during this time they will develop team-building skills.

Our school provides opportunities for personal and social development through a variety of strategies:

- Individual, peer group, collaborative group work
- Discussion and role-play
- Involvement in a range of problem solving activities
- Preparation and presentation of tasks for different audiences e.g. Assemblies
- Positive self-assessment, and
- Positive marking, with verbal or written comments

Through general routines, both in and out of the classroom, and the way in which individuals relate to each other, children are encouraged to form their own attitudes, values and take responsibility for themselves and others.
Children are encouraged to instigate charitable fund raising activities in school and participate in school directed fund raising.

By building positive working relationships between children and staff all members of our school are valued as individuals. They are encouraged and expected to see the need for good manners, self-discipline and appropriate behaviour in whatever situation they may find themselves.

Parent Involvement and Community Links:

From before the children start school (Via home School Visits, Pre School Sessions and Virtual Online Seesaw Class) we endeavour to foster close links with parents. Where appropriate parents will be encouraged to take part in projects and activities e.g. to support class trips, fund raising events etc.

Inter-agency links and visitors such as school nurse, police, fire safety officer, dental hygienist and Building Bridges can be of great value and support and are welcomed into St Paul's School. Teachers will be present during any additional input, which is best delivered in partnership.

At St Paul's we provide opportunities for parents, the community and outside agencies to contribute to the personal and social development of all the children through their active involvement in the life and philosophy of the school. This gives the pupils opportunity to engage in discussion with adults from local services, the elderly and others in the community and business where possible. We endeavour to provide opportunities for pupils to help in the local community. These activities are helpful in preparing pupils for an active and responsible adulthood.

Children are encouraged to make decisions regarding which charities, local projects and environmental issues they would like to support.

Our Pupil and Family Support / Pastoral Care Team are always on hand to provide support for families and signpost them to appropriate external agencies.

Transition to High School

We foster liaisons with local high schools, to ensure a smooth transition for pupils into secondary education and also work alongside parents who have concerns about the 'next stage' of their child's education.

Our Pupil and Family Support team are available to offer advice and support to families of children who require assistance and additional visits to high schools are organised, where necessary.

Right to Withdraw:

Whilst parents have the right to request that their child be withdrawn from sex education, the decision at St Paul's that only Health education and not Sex education, will delivered, means that this will not be necessary. See RHE Policy.

Parents cannot withdraw their child from any part of Relationship or Health Education as this now forms part of the basic curriculum and is a requirement of the government's statutory guidance